Nutrition Situation in Region X (Northern Mindanao)


Prevalence of stunting among children less than 5 years old by age group: Philippines, 2013 vs 2015

Prevalence of malnutrition among children less than 5 years old by place of residence and wealth quintile: Philippines, 2015

- Underweight: 2011 - 32.8%, 2013 - 32.9%, 2015 - 32.9%
- Stunting: 2011 - 28.5%, 2013 - 40.3%, 2015 - 7.4%
- Wasting: 2011 - 7.4%, 2013 - 5.1%, 2015 - 4.0%
- Overweight for height: 2011 - 1.0%, 2013 - 0.6%, 2015 - 6.0%


- Stunting: 2011 - 45.6%, 2013 - 37.9%, 2015 - 6.8%
- Wasting: 2011 - 5.0%, 2013 - 6.8%, 2015 - 7.1%
- Overweight/Obese: 2011 - 8.4%, 2013 - 33.9%, 2015 - 8.4%


- Chronic Energy Deficiency: 2011 - 8.4%, 2013 - 33.9%, 2015 - 33.0%
- Overweight/Obesity: 2011 - 27.7%, 2013 - 33.0%, 2015 - 33.0%

Prevalence of overweight and obese among adults, ≥20 years old based on BMI by age group: Philippines, 2013 vs 2015

- 20-29.9y: 2013 - 20.3%, 2015 - 20.8%
- 30-39.9y: 2013 - 34.6%, 2015 - 33.7%
- 40-49.9y: 2013 - 39.1%, 2015 - 39.1%
- 50-59.9y: 2013 - 36.5%, 2015 - 36.4%
- 60-69.9y: 2013 - 30.0%, 2015 - 30.1%
- ≥70.0y: 2013 - 20.2%, 2015 - 18.8%


Prevalence of undernutrition among children, less than 5 years old by province: Philippines and Northern Mindanao, 2013 vs 2015

Prevalence of undernutrition among children, 5-10 years old by province: Philippines and Northern Mindanao, 2013 vs 2015
Prevalence of high waist circumference among adults, ≥20 years old by sex and by province: Philippines and Northern Mindanao, 2015

<table>
<thead>
<tr>
<th>Regions/Province</th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>Philippines</td>
<td>3.0</td>
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<tr>
<td>Northern Mindanao</td>
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<tr>
<td>Bukidnon</td>
<td>1.5</td>
<td>15.3</td>
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<tr>
<td>Camiguin</td>
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<td>24.6</td>
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<td>Lanao del Norte</td>
<td>1.7</td>
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<tr>
<td>Misamis Occidental</td>
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<tr>
<td>Misamis Oriental</td>
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<td>23.4</td>
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</table>

Prevalence of high waist-hip ratio among adults, ≥20 years old by sex and by province: Philippines and Northern Mindanao, 2015

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<th>Female</th>
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<td>Lanao del Norte</td>
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<tr>
<td>Misamis Occidental</td>
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<td>64.4</td>
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<tr>
<td>Misamis Oriental</td>
<td>7.5</td>
<td>65.0</td>
</tr>
</tbody>
</table>

Summary

Children, Less than 5 years old

- 1 out of 5 (20.4%) are underweight
- 4 out of 100 (4.0%) are wasted or thin and considered to be a public health problem
- 4 out of 100 (36.5%) are stunted
- 2 out of 100 (2.0%) overweight for their height

School Children, 5-10 years old

- 3 out of 10 (27.6%) are underweight
- 5 out of 100 (5.0%) are wasted or thin and considered to be a public health problem
- 4 out of 10 (37.0%) are stunted
- 5 out of 100 (5.0%) are overweight for their height
Summary

Pre-adolescent and Older Children, 10-19 years old

- 4 out of 10 (39.2%) are stunted
- 9 out of 100 (8.9%) are wasted or thin
- 7 out of 100 (7.3%) are overweight and obese

Summary

Adults, 20 years old and over

- 8 out of 100 (8.4%) are chronic energy deficient
- 1 out of 3 (33.0%) are overweight and obese

Prevalence of high waist circumference and high waist hip ratio is higher among females than males, making them more at risk to non-communicable diseases.

Summary

Children, Less than 5 years old

- Underweight prevalence generally increased except in Misamis Occidental
- Generally, stunting prevalence decreased except in Lanao del Norte and Misamis Oriental
- Wasting prevalence generally decreased among all provinces
- Overweight-for-height generally decreased among all provinces

Summary

School Children, 5-10 years old

- Underweight prevalence generally increased except in Bukidnon and Misamis Occidental
- Stunting prevalence generally increased except in Camiguin and Misamis Occidental
- Wasting generally decreased except in Camiguin and Lanao del Norte
- Overweight/obese prevalence generally decreased except in Misamis Occidental
Summary

Pre-adolescent and Older Children, 10-19 years old

- Stunting prevalence is generally decreasing except in Nueva Vizcaya
- Wasting prevalence generally increased for the whole region
- Overweight and Obesity prevalence generally increased among the provinces except in Camiguin

Summary

Adults, 20 years old and over

- Chronic Energy Deficiency prevalence generally increased among provinces except in Misamis Occidental
- Overweight and Obesity prevalence generally decreased except in Misamis Occidental and Misamis Oriental